## Week commencing: Monday \*\*/\*\*/2019

## The Lyme Nursery Main House Lunch Menu Example

MAIN	VEGETARIAN	
MONDAY  Irish Stew with creamed potatoes  ****  Lemon Sponge and custard	MONDAY  Vegetable Stew with creamed potatoes  ****  Lemon Sponge and custard	
TUESDAY  Pasta Carbonara with ham, cheese and broccoli ****  Chewy Cherry Cookies	TUESDAY Creamy Pasta with mushrooms and broccoli **** Chewy Cherry Cookies	
WEDNESDAY  Roast Chicken, creamed potatoes, fresh vegetables, stuffing and gravy  ****	WEDNESDAY  Vegetarian Pieces, creamed potatoes, fresh vegetables, stuffing and gravy  ****	
Chocolate shortbread  THURSDAY  Sweet and Sour Chicken with noodles	Chocolate shortbread  THURSDAY  Sweet and Sour Vegetables with noodles	
**** Syrup Sponge with custard FRIDAY	**** Syrup Sponge with custard FRIDAY	
Fish bake with crunchy breadcrumb topping ****	Vegetable bake with crunchy breadcrumb topping ****	
Banana Mousse with fresh fruit	Banana Mousse with fresh fruit	

## The following snacks are also served:

- Breakfast cereals/toast/milk
- Teatime snack sandwiches, wraps, crackers, oatcakes, crumpets, hummus, homemade soup,
   Mediterranean vegetables and waffles. All served with salad and vegetables.

All meals are freshly prepared on the premises each day.

The Nursery reserves the right to alter published menusubject to occasional unavailability of certain provisions.

Afternoon Snack						
Monday	Tuesday	Wednesday	Thursday	Friday		
Egg Mayonnaise and fresh cress sandwiches followed by crunchy carrot sticks	Hash Browns with Baked Beans followed by peaches	Buttered Crumpets followed by cheddar cheese cubes	Tuna and Cucumber Wraps followed by apple slices	Crackers and Cheese followed by orange segments		